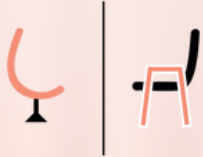


Angela R Clack

PsyD, LPC



CLACK
ASSOCIATES, LLC™

Media Kit



Meet Dr. Angela R. Clack

Dr. Angela Roman Clack (LPC#37PC000323700) is a licensed psychotherapist, doctorally-trained clinician and CEO of Clack Associates, LLC, a private practice outpatient counseling agency in New Jersey. Dr. Clack is an international speaker, author, and licensed mental health expert with more than 30 years in the mental and emotional health and wellness space. Dr. Clack is known for her ability to teach, supervise, coach, and provide training in diverse areas pertaining to adolescents, young adults and their families. Because of her training and teaching abilities, Dr. Clack has made a massive impact in her community by reducing the stigma of people of color who seek mental health treatment.

Dr. Clack is passionate about discussing mental health and wellness. She has a broad range of public speaking experiences including community events, radio and internet shows, women's empowerment groups and panel discussions, church and school settings, and collaborations with mental health advocacy organizations and non-profit community organizations. With her highly diverse clinical experiences and training in adult, child, adolescent and forensic settings, she is able to discuss a broad range of topics.

She is committed to holding space for women of color who need to know it's okay not to be okay and who want to heal from childhood, relational and racial trauma, sexual, physical and emotional abuse, sexual assault, work-related posttraumatic stress and race-based traumas. Additionally, she has expertise in working with women who have experienced birth trauma and postpartum depression and anxiety, women with eating disordered behaviors, and therapists, medical professionals, healers and first responders suffering from burnout, vicarious trauma, and related physical illness due to overwhelming stress. What makes Dr. Clack stand out and set apart among many trauma experts is that she understands the underpinnings of the trauma of the lived racialized experiences of Black women. Today, just living in Black skin is traumatic. Being a Black woman in white America is traumatic. And not having a safe container for a brave and courageous conversation for healing is even more traumatic!



Dr. Clack also offers mental health and personal development coaching, training, counseling supervision, consultation, and program design and development. She offers her lived experiences as a Black woman who also faces anxiety, imposter syndrome, and perfectionism. It is her intention to honor, hold space, push, press and challenge women to confront the ideologies that have silenced Black women and/or caused us to silence ourselves and shrink back.





Dr. Clack offers masterclasses and intensive wellness retreats for the Black woman to heal and recover through facilitated and guided mental wellness interventions. Through coaching and consultation, speaking engagements and as an author, Dr. Clack's passion is to provide emotional support, education, information and inspiration to empower women who are experiencing emotional distress, feelings of low self-worth, and feeling "stuck" in their current life circumstances to rewrite their life story by embracing new possibilities and to discover and uncover qualities they never thought they had!

Dr. Clack has shared her expertise and message with:

- 2023 Not The Typical Psychotherapist Summit London (Coming Soon)
- 2019 Not The Typical Psychotherapist Hawaii
- Burlington County Bar Association
- Inspira Health Network
- South Jersey Psychological Association
- New Jersey Psychological Association
- American Art Therapy Association
- Black Health Organization
- Black Women's Roundtable
- Employee Assistance Programs
- IAW Philadelphia
- Women, Words and Wisdom 2021

Dr. Clack's Signature Messages & Requests for Training:

The State of Black Women in America and White Spaces: Finding Our Voice and Standing In Our Truth

The Crisis of Self-Doubt, Shame and Psychological Trauma

Self-Care is Not Selfish: Learning To Love Myself From the Inside Out

The State of Mental Health of Black Women: Psychological Narratives on Trauma and Depression

Removing the Superwoman Cape, Cloak, Mask and Dagger

Self-Silencing, No More Tears: The Barriers Black Women Face in Corporate America and Other Historical Oppressive Spaces

Professional Affiliations and Verifications:

- South Jersey Psychological Association
- New Jersey Psychological Association
- American Counseling Association
- American Psychological Association
- Verified as: Minority and Woman Owned Business since
- 2023 Recipient Goldman Sachs 10,000 Small Business (10KSB) program

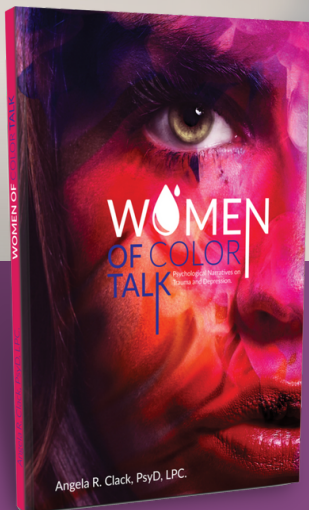


Contact Dr. Clack

✉ admin@clackassociates.com

☎ (856) 875-5335

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Book A 15 Minute Consultation

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